

BIODYNAMIC CRANIOSACRAL THERAPY - with PAUL VICK.

LEVEL ONE – PRACTITIONER, PALPATION & COMMUNICATION SKILLS	
SEM 1	THE HOME OF THE SACRED - THE BIODYNAMIC VISION The Sanctuary of Life - Embodiment of the Tide. Resonance. Being With the Tide & Stillness. Presence of the Tide. Skills in relation to contact, relationship and boundaries. Palpation skills & Practitioner skills
SEM 2	THE TIDE & VITALITY Inner Alchemy. Building Inner Resources. Stillness, Stillpoints and the 3 Tides. Practical exploration of embryological development and principles of self-healing.
SEM 3	COMMUNICATION Working with Body Wisdom & Principles of Healing. Body spaces & transverse diaphragms. Tensegrity Principle. Process skills - part one: Introduction to Verbal Skills for Therapeutic Bodywork; Self-Regulation Process.
SEM 4	THE SACRED LANDSCAPE - LIVING ANATOMY Body Intelligence. Tracking skills: listening to the body's story. Differentiation – Feeling qualities, rhythms and pulsations, of the different body tissues. Core & wholebody communication: Spine, Dural Membranes, Cerebrospinal fluids.
LEVEL TWO – LIFE in MOTION	
SEM 5	STRUCTURE & WHOLENESS Introduction to constitutional energy: Mesoderm. Differentiating Bone, Muscle, Ligaments. The Spine & Head. Introduction to Joints and Limbs. Process skills – part two.
SEM 6 11-15 Jan 2011	THE SEVEN OCEANS Chakras / Energy centres. Trine energy – The Caduceus. Structure and Function as energetic processes. Endocrine system. The ventricles of the brain. The Sacred attitude.
SEM 7	SACRED BODY GEOMETRY Proportional harmonies of the body. Gravity relationships. Connective tissue. Cranio-pelvic relationships. Head, neck and shoulder relationships. Spine and pelvis relationships. Process Skills – part three.
SEM 8 2-6 May 2011	NEURAL INTEGRITY Constitutional energy: Ectoderm (neural tissue). Neural Integration: Central nervous system; Autonomic nervous system; Cranial nerves. Facilitated segments, Venous sinuses.
SEM 9 June 28 – July 1 2011	MEETING THE WORLD: VISCERAL INTELLIGENCE Constitutional energy: Endoderm.. Functional processes of the viscera. Palpating the Viscera. Inter-relationships between the viscera. Neuro-visceral relationships. Neuro-visceral relationships of the Face. Process skills – part four.
SEM 10	BEING READY Working with Joints and Limbs. Babies and Families. Being in Practice.